

2023-2024 DIOCESAN BASKETBALL RULES FINAL

COACHES AND REFS SHOULD MEET PRIOR TO THE START TO COMMUNICATE REGARDING THESE RULES

7TH & 8TH GRADES

NFHS Rules apply except:

- 7 minute quarters
- 3 minute break at halftime
- Timeouts per half, with NO CARRYOVER:
 - One (1) 30-second One (1) full
- Mercy rules:
 - 15 point lead, no full-court press
 - 20 point lead in 4th quarter ONLY, switch to a running clock (if lead drops below a 20 pt. lead, switch back to stopped clock)
- Tie game
 - Regular Season League Play = 1 minute overtime with no timeouts (carried over or given). If still a tie it will be 'Sudden Death' (i.e. first team to score wins)
- Scoring, refereeing, and record keeping
 - Official referees provided/coordinated by Gonzaga Prep
 - Timekeepers provided by Gonzaga Prep
 - **Each team must keep track of score, clock, and all player fouls and team fouls (Home team has the official book, but both scores need to sit at the score's table)**
- All players must play approximately 25% or 1/4th or 1 quarter of the time of each game
- 5 minute minimum warm up will be given before each game.
- Boys play with 29.5" ball: Girls play with 28.5" ball.
- **Technical Fouls- Opposing team will be awarded 2 points and given the ball. (players will not shoot free throws)**